# TWO DAY STATE LEVEL SEMINAR





# **INFORMATION BROCHURE**

# DEPARTMENT OF SOCIOLOGY AMITY INSTITUTE OF SOCIAL SCIENCES, AUUP

&

NATIONAL INSTITUTE OF SOCIAL DEFENCE
MINISTRY OF SOCIAL JUSTICE AND
EMPOWERMENT, GOVERNMENT OF INDIA

**Organizes** 

"TWO DAY STATE LEVEL SEMINAR ON ELDERLY ISSUES"

17<sup>TH</sup>-18<sup>TH</sup> OCTOBER, 2024

#### Introduction

India is the second largest population country in the world. Today, India is home to one out of every ten senior citizens of the world. The population of India has approximately tripled during the last 50 years, but the number of senior citizens has increased more than fourfold. Due to advancements in medical science, improvements in living standards, and the country's overall progress, there is not only a rise in the population of the senior citizen but a substantial increase in their life expectancy also. As per census 2011, the population of senior citizens in India has crossed the unique mark of 100 million which accounts for 8% of India's total population. Their population is expected to increase to around 300 million by 2050. With an ever-changing socio-economic and demographic scenario across the country, senior citizens experience a range of financial, physical, psychological, and social challenges.

Financially, senior citizens have some common expectations from their family members like the living arrangement, economic security, and wellbeing, which are largely contingent on the economic capacity of the family unit. They are dependent on their family for these basic needs when they are not physically more capable. In such a situation, they are seen as a burden on the family members as they are not able to contribute to family income. Physically, aging can bring about a decline in physical strength, flexibility, and sensory abilities, as well as an increased susceptibility to chronic health conditions such as arthritis, heart disease, and dementia. However, aging does not necessarily equate to illness or disability, and many seniors maintain good health and independence well into their later years. Psychologically, older adults may face challenges such as cognitive decline, memory loss, and changes in mood and mental health. However, many seniors also report a greater sense of emotional well-being, wisdom, and resilience as they age.

Socially, seniors may experience changes in their roles and relationships, including retirement from work, loss of friends and family members, and shifts in caregiving responsibilities. Maintaining social connections and engagement in meaningful activities is crucial for seniors' overall well-being and quality of Life. Despite the challenges associated with aging, seniors are a diverse and vibrant group with a wealth of knowledge, experience, and contributions to society. Many older adults continue to pursue hobbies, interests, and lifelong learning opportunities and actively participate in their communities through volunteering, mentorship, and advocacy efforts. The socio-economic, health, and psychological challenges discussed above clearly indicate that senior citizens in contemporary Indian society are facing many

problems later in life. Therefore, there is a need for inquiry to analyze and examine this issue from multiple perspectives and explore the measurements for improving the quality of life of senior citizens.

## **Main Objectives**

- (i) To understand the challenges faced by senior citizens in the socio-cultural context of India.
- (ii) To explore causes of challenges towards senior citizen in Indian society.
- (iii) To examine the Role of the State in challenges related to older people.

# **Topics to be covered**

- 1. Aging: Understanding Its nuances
- 2. Cultural Perspectives on Aging
- 3. Navigating Retirement
- 4. Health and Wellness
- 5. Social Engagement and Community Relations
- 6. Wellness activities and Demonstrations
- 7. Legal Rights of the Elderly
- 8. User-friendly technology for the elderly
- 9. Caregiving and Support of family members
- 10. Financial Security
- 11. Aging in place
- 12. Palliative care and end-of-life planning

# **Learning Outcomes**

- (i) To acquire knowledge and develop a new understanding of various issues relating to the elderly.
- (ii) To sensitize academicians, researchers, and students to understand the challenges faced by senior citizens from multiple perspectives.
- (iii) To focus on the issues related to senior citizens such as financial insecurity, healthcare, mental health problems, social isolation, and lack of adequate support services.
- (iv) To examine the role of existing state interventions targeted at the senior citizens in India.
- (v) To examine new areas for cooperation between state and civil society.

#### **National Institute of Social Defence**

The National Institute of Social Defence was set up originally as the Central Bureau of Correctional Services in 1961, under the Ministry of Home Affairs, in pursuance of the recommendations emerging at various National Forums. In 1964, the Bureau was transferred to the then Department of Social Security. Since 1975, the Institute was a subordinate office under the Ministry of Social Justice and Empowerment. The National Institute of Social Defence has become an Autonomous Body vide Government of India Notification No. 10-3/2000-SD. Vol. II, dated July 15, 2002, and is registered under the Societies Act XXI of 1860 with the Government of NCT, Delhi. The National Institute of Social Defence is the nodal training and research institute in the field of social defense. Though social defense covers the entire gamut of activities and programs for the protection of society, it is currently focusing on human resource development in the areas of drug abuse prevention, the welfare of senior citizens and transgenders, beggary prevention, and other social defense issues.

# **Amity Institute of Social Sciences, Amity University**

Amity Institute of Social Sciences (AISS) was established in July 2010. Social Sciences explores various aspects of human society. It is commonly used as an umbrella term to refer to a dynamic field outside of the natural sciences. These include Sociology, Economics, Geography, History, Law, Linguistics, Political Science, Social Work, and, in some contexts, Psychology. These courses provide a unique blend for students to understand society holistically and prepare them to become better individuals and professionals in due course.

Registration Related Detail	
WHO SHOULD ATTEND	REGISTRATION
The seminar is for students, social scientists, research scholars, academicians, social, activists, NGO functionaries, senior citizens, policymakers, etc.	There is <i>no registration fee</i> for participating in the seminar.  Registration Link: https://www.amity.edu/nspg/SSEI2024

Last date for registration	October 10, 2024
Last date for abstract submission	September 22, 2024

Important Note: All Outstation Participants will be provided T.A. that is to and for A.C 3 tier train fare/bus as per actual on the production of the ticket plus travel by road to and from Railway station to venue as per actual. For boarding and lodging, it is @ 800 per day for three days as per actual.

All Outstation participants should confirm their participation by e-mailing abpatel@amity.edu

## **Abstract Submission guidelines:**

All the abstracts should be emailed in Word format to (abpatel@amity.edu). Participants are required to submit an abstract of not less than 500 words on or before (22/09/2024). The abstract should be written under the given guidelines:

- Introduction
- Objectives
- Research Method
- Discussion
- Conclusion

The following points should be taken into consideration while submitting your abstract:

- Document format: Word document
- Font: Times New Roman
- Font Size: 12
- Line Spacing: 1.15

# **Chairperson:**

Prof (Dr.) Balvinder Shukla, Hon'ble Vice Chancellor, Amity University, Noida, Uttar Pradesh.



Prof. (Dr.) Balvinder Shukla is the Vice Chancellor, of Amity University – Noida. She has over 22 years of experience in organizations such as Shimnit Group, Interra Software, IIHT Systems, and Amity Group of Institutions. As a Director at Interra Software, she established the RMG and training department and played a pivotal role in ISO certification for the company. As the Head of Corporate Planning and Head (North) at Shimnit Group, she was instrumental and responsible for increasing the business turnover by 300% in the first year itself and also established a strong process-driven organization and a strong sales force. Dr. Shukla's core competencies include establishing new businesses, HR planning,

recruitment, and development as per business needs and process establishment. To her credit, she has presented many papers in seminars and at conferences conducted at national and international levels. She has organized over 150 seminars, conferences, and management development programs. Dr. Shukla is also the Chairperson of more than 20 committees within Amity and outside. She is on the advisory board of many companies, is a member of several professional bodies, and is closely associated with many CSR projects. Dr. Shukla is a strategist, institution builder, mentor inspirational leader, and relationship builder, along with being an avid researcher, teacher, trainer, and entrepreneurial leader where her specialties include: strategic management; resource strategy; business restructuring; CRM; automation of processes and systems creating and scaling up new businesses; change management; growth strategies; organization turnaround and entrepreneurial leadership.

# **Co-Chairperson:**

Prof (Dr.) Nirupama Prakash, Amity Institute of Social Sciences, Amity University, Noida, Uttar Pradesh.



Prof (Dr) Nirupama Prakash is the Director, of Amity Institute of Social Sciences, Amity University-Noida. She is a sociologist. Before joining Amity University, she served as a Professor of Sociology, Head, of the Department of Humanities and Social Sciences, and Coordinator, of the Centre for Women Studies at Jaypee University of Information Technology, Waknaghat, Solan, and Himachal Pradesh in India. Earlier she served BITS, Pilani as Chief, of the Women Studies and Societal Development Unit, Head, of the Department of Humanistic Studies, and Coordinator, of the MPhil program in

Hospital and Health Systems Management. Prof. Prakash has taught at the Department of Sociology and Centre for International Health, George Washington University, Washington D.C., Department of Global Gender Studies, University at Buffalo, and University of

Maryland at College Park, USA. She has undertaken post-doctoral work in medical sociology at Hartshill Medical Institute, Stoke-on-Trent, U.K. She has been teaching in the fields of sociology, gender studies, health systems, and conflict management and is an active researcher in social science. She has worked on projects sponsored by national and international agencies.

#### Convener

# Prof (Dr) Shruti Singh, Amity Institute of Social Sciences, Amity University, Noida



Dr Shruti Singh is an author, consultant, and researcher. Currently, she is a Professor at Amity Institute of Social Sciences, Amity University, Noida, India. Before this she received a Fellowship from ICSSR for Post- Doctoral Research from the Centre for Study of Social Systems, School of Social Sciences, and Jawaharlal Nehru University. She has completed her PhD from the Centre for Study of Social Systems, School of Social Sciences, Jawaharlal Nehru University. She draws close to two decades of teaching and research experience. She has authored four books and has published in both national and international research publications. She has presented

papers in both National and International Conference and also she has chaired sessions in national and international conferences. She is the Life member of Indian Sociological Society.

#### **Co-Convener**

## Dr. Avanish Bhai Patel, Amity Institute of Social Sciences, Amity University, Noida



Dr. Avanish Bhai Patel is a Faculty at Amity Institute of Social Sciences, Amity University, Noida, India. He has completed a Ph.D. in Sociology on the topic Fear of Crime among Elderly: A Study of Lucknow District in Uttar Pradesh from the Indian Institute of Technology, Roorkee. He has obtained a master's degree in two subjects; first in Criminology and second in Sociology. He has around seven years of teaching experience and eight years of research experience in Criminology and Sociology.

His major fields of research interests include the Sociology of Ageing, the Sociology of Suicide, and the Sociology of Crime. He has published various research papers on above mentioned areas.

#### Resource Persons

#### Dr. Mala Kapur Shankardass



Dr. Mala Kapur Shankardass is a renowned sociologist and gerontologist with a distinguished career spanning decades. She has made significant contributions to the fields of aging, health, and development, both nationally and internationally. As an independent consultant, Dr. Shankardass has worked with various organizations, including the United Nations, to address the needs

and challenges of older populations. Her expertise has been recognized globally, as evidenced by her appointments as an International Tutor at the International Institute on Ageing (INIA) in Malta and Visiting Professor at Universitas Respati in Indonesia. Additionally, she has served as a Guest Lecturer at the Ph.D. program of the University of Macerata in Italy. Before her retirement in March 2021, Dr. Shankardass held a senior faculty position at the University of Delhi. She has also been actively involved in advocating for the rights and well-being of older persons through her role as Asia Representative of the International Network for Prevention of Elder Abuse (INPEA) and Managing Trustee of the Development, Welfare, and Research Foundation (DWRF).

Mr. Rajeev Jain, IPS Officer, 1980 Batch Ex. DIB



June 2024.

Rajiv Jain (born 17 March 1957) was the Director of the Intelligence Bureau of India. He belonged to the 1980 batch of the Indian Police Service. He is from the Jharkhand cadre and was appointed on 1 January 2017 as the 26th Director of the Intelligence Bureau after the retirement of Dineshwar Sharma and served there till 26 June 2019. Post, retirement he was appointed as a member of the National Human Rights Commission of India where he served from June 2021 till

# Mrs. Anupama Datta



Mrs. Anupama Datta has done an M.Phil. from JNU on a topic related to the political process. She has worked in research departments in various voluntary organizations working on issues like violence against women, child labor, and development-induced displacement. She has been working with HelpAge India for the last 20 years in the Policy Research and Advocacy department. The major thrust of work is to research and mainstream the issues concerning older persons. The findings of the major research projects

on elder abuse, the impact of disasters on the elderly, and social security are used to

sensitize the policymakers and legislators to take note and take appropriate action to deal with the issues. The findings are also used to help the older person articulate and aggregate their interest and put forth the relevant demands on the political system. She is the Editor of HelpAge India Research and Development Journal and published 20 articles on aging in various books and journals

#### Prof. (Dr.) Shweta Prasad



She is currently working as a Professor of Sociology at the Department of Sociology, Faculty of Social Sciences, and the Director of the Centre for Study of Social Exclusion and Inclusive Policy, Banaras Hindu University, Varanasi. She is currently a Managing Committee member of the Indian Sociological Society (ISS), the professional association of Sociologists of India. She has served as the Convener of the RC 10

(Research Committee on Gender Studies) of the ISS (Jan. 2015 to Dec. 2017). She is the First Woman Chairperson under the LARR Act, 2013, UP Government and completed 10 projects under it. She is also the Former Visiting Fellow, at JMC, Michigan State University, USA. She is actively engaged in research in the areas of Gender, Environment & Climate Change; Women and globalization; Corporate Social Responsibility and Women Empowerment; Violence against women and various aspects of the Women's **Technology** interface including women call centers and the employment/impoverishment of women due to the application of new agricultural technologies

Prof. (Dr.) Preetha



Dr. Preetha, Professor and Dean of Research in IIHMR Delhi did her MBBS from Government Medical College, Trivandrum, and MD in Community Health Administration from the National Institute of Health and Family Welfare (NIHFW), New Delhi. She has almost three decades of health sectoral experience encompassing academics, research, and training as well as program management. She plays a pivotal role in providing key inputs to research projects and activities

of IIHMR Delhi. In IIHMR, she teaches Health Systems Research, Epidemiology, Healthcare Quality, to the Masters' students of Health and Hospital Management. She has led many research projects in public health – quantitative and qualitative, funded by national and international agencies. She has published multiple articles in national and international journals. In her earlier assignments, she has worked with the Ministry of Health and Family Welfare (MHFW); NIHFW, and United Nations Development Programme in various capacities.

#### Dr. Sheetal Sharma



Dr. Sheetal Sharma is a faculty at the Centre for European Studies, School of International Studies, Jawaharlal Nehru University, New Delhi. Her research interests include social and cultural issues in contemporary Europe and India and their historical roots, Multiculturalism and Diversity, Methodology of Social Sciences, Gender, and empowerment of women. She has received the JNU

Research Excellence Award for outstanding contribution and excellence in the field of Social Sciences and Humanities in the Young Scholars Category for the year 2018-19. She has been awarded financial grants for several projects funded under the framework of the Erasmus Program of the European Union and has been part of several international projects as a project investigator from India. Dr. Sharma is also selected for the prestigious European Union Visitors Program, 2020. She is also a Course Coordinator for MOOCs Courses titled Sociology-I, and Sociology-III, and a Subject Matter Expert on the subject of Sociology, for School Education offered by NCERT (National Council of Educational Research and Training), offered through the SWAYAM platform of MHRD, Government of India. She has completed a Video Lecture Series in Sociology for CIET, NCERT's project NROER (National Repository for Educational Resources and Training, these lectures can be accessed on the NROER website). She writes regularly on socially relevant issues in India and Europe for journals and magazines of national and international repute. She has also been invited as a discussant on several programs on radio and TV and has presented papers in national and international seminars and conferences.

#### Dr. Meenu Tyagi



Dr Meenu Tyagi working as a consultant geriatrician at Kriti Eldercare, sector 63, Gurgaon for 9 years. Passed MBBS from BJGMC, Pune in 1996. She finished her Diploma in Family medicine at Apollo Hospital, Delhi (RCGP, UK) in July 2007. Fellowship in Diabetes from Royal Liverpool Academy, UK in May 2016. Completed postgraduate diploma in Geriatric Medicine from IGNOU at Maulana Azad Medical College in December 2019.

Finished a certificate course in Geriatric medicine from the Public Health Foundation of India in September 2020. Kriti Eldercare, sector 63, Gurgaon is an assisted living residential facility housing 100 plus elderly residents who require assistance for activities of daily living and rehabilitation post stroke, neuro and orthopedic surgery, Alzheimer's, Parkinson's', and dementia.

# Dr. Madhu Mary Minz



Dr. Madhu Mary Minz is currently working at Medanta the Medicity as a Senior Consultant in Preventive and Clinical Cardiology for the last 14 years. She has 24 years of experience in dealing with patients with cardiac disease/hypertension/diabetes /thyroid problems/ and other medical illnesses providing the best medical care. She has attained an MBBS degree from St. John's Medical College in Bengaluru and an MD Degree in General Medicine. She completed her Diploma in Holistic Medicine from Apollo Hospital, Hyderabad. She has Publications in National and

International Journal on Preventive and Clinical Cardiology and also chapters in textbooks of cardiology. He has participated as a speaker and as a delegate in various corporates and CMEs on National & International forums.

# Dr. Sudha Khokate, Dept. of Sociology, Bangalore University



Dr. Sudha Khokate has been working at the Department of Sociology, at Bangalore University since 2009. She has expertise in the Sociology of Gender, Sociology of Health, and Sociology of Education. She has completed her PhD from Gulbarga University. She is also a member secretary of the Indian Sociological Society.

#### **Advocate Naveen Kumar Shelar**



Naveen Kumar Shelar is an eminent advocate, legal luminary, and social reformer with over 15 years of distinguished legal practice. As the founder of "TLO" The Law Office and the NGO Nayaya: A Voice for Justice, Mr. Shelar has established himself as a tireless advocate for justice, particularly for marginalized communities. His profound expertise spans multiple domains of law, including constitutional law, child

rights, senior citizen welfare, environmental justice, and commercial law. His legal acumen has positioned him as a trusted advisor to clients across India and beyond.

# **Organizing Team Members**



Dr. Sanjana Sharma Marwah
Associate Professor, AISS, AUUP



Dr. Rewa Singh
Assistant Professor, AISS, AUUP



Dr. Bhargavi
Assistant Professor, AISS, AUUP



Dr. Meenakshi Gautam
Assistant Professor, AISS, AUUP



Dr. Brian Gomes
Assistant Professor, AISS, AUUP



Dr. Mayank Tomar
Assistant Professor, AISS, AUUP



Mr. Nihal Raj
Teaching Associate, AISS, AUUP



Ms. Preksha Dubey
Research Scholar, AISS, AUUP



Mrs. Parul
Research Scholar, AISS, AUUP



Ms. Anamika Adhikari Research Scholar, AISS, AUUP



Ms. Ananya Tripathi
Research Scholar, AISS, AUUP