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# National Service Scheme, (NSS) Activities Conducted by Amity University Madhya Pradesh, Gwalior

# 1. Free Blood Glucose Test & Health awareness Camp at NSS Adopted Village Shigora

#### **07 Jun 2022 (Tuesday)**

National Service Scheme Unit of Amity University organized a 'Free Blood Glucose Monitoring & Health awareness Camp at NSS Adopted Village Shigora. The camp was organized on 7.6.2022 in the Panchayat Bhawan of village Shigora. Amity University Madhya Pradesh, Gwalior, under the guidance of Hon'ble Vice Chancellor, Lt Gen VK Sharma, AVSM, (Retd.) has been working persistently for imbibing high moral values in the students for sympathetic social connect with weaker section of the society. This medical camp and awareness program was organized to fulfill moral responsibility towards the residents of the NSS adopted village Shigora. 25 NSS volunteers of AUMP and Program Officers Dr. Rachana Kathal and Dr. Manish Dubey participated in the camp.

During the camp, fasting blood sugar, post-prandial blood sugar and random blood sugar were tested free of cost. The beneficiaries whose blood sugar was found to be disordered, necessary advice and information were provided under the guidance of Program officer, National Service Scheme, AUMP Dr. Rachna Kathal. The contact details of such cases have been maintained for regular follow up.

32 residents of the NSS adopted village Shigora were benefitted by the 'Free Blood Glucose Monitoring Facility' in this camp. The camp started at 10:30 am and concluded at 12:30 pm. On this occasion, the Vice Chancellor of the Amity University, Lt Gen VK Sharma, AVSM, (Retd.), Pro VC Professor Dr. MP Kaushik, Registrar Mr. Rajesh Jain, praised the NSS volunteers for their social connect with the weaker section of society.





Blood Glucose Monitoring Camp at adopted village Shigora on 7.6.2022

#### 2. <u>Detailed Survey of NSS Adopted Village Chakraipur</u>

#### (7th Feb 2023)

National Service Scheme volunteers of Amity University Madhya Pradesh conducted detailed survey of the residents of the NSS adopted village Chakraipur in respect of the Name of Family Head; House: Own/Rented; Available source of water; House:

PUKKA/Kachcha, No. of earning members; Financial Status; Caste; Religion; Bank account; Driving licence;, Ladli Lakshmi Yojana, Suknya Samraddhi Yojana; Blood.G; Education; samagra ID; Bank Acc.; Adhar Card; PAN card; Rashan Card; Gas connection; Driving License and Specific health issues". The program was conducted by 55 volunteers of NSS AUMP. The program was organized with the objective of enhancing the knowledge of the volunteers about the living conditions and social structures prevailing in the socially backward localities of Chakraipur village.

The survey was inaugurated with the opening remarks of Program Officer, NSS, Dr. Rachana Kathal. Importance of awareness about living conditions in socially backward localities for a social volunteer to perform their social service duties was practically experienced by the NSS volnteers. The program positively met with the objective of inculcating the values of social concern, awareness, responsibility and connect with the felt needs of the society with the

aim of preparing the NSS volunteers to be aware and ready for reaching out to them in the times of required help



Program Officer, NSS Dr. Rachana Kathal and Dr. Sanjeev S Bhadoriya with NSS Volunteers in Chakraipur



NSS Volunteers of AUMP conducting survey in Chakraipur

#### 3. Blood Donation Camp

#### (29th March 2023)

Voluntary Blood Donation is a very significant commitment to the service of humanity. National Service Scheme unit of AUMP organized a voluntary blood donation camp on 29<sup>th</sup> March 2023 in the university campus. The Blood Donation Camp aimed to inculcate leadership skills, teamwork, positivity, concern and empathy for society in the personality of NSS volunteers. The event was organized in coordination with the authorities of Blood Bank, Department of Pathology, JA Hospital Gwalior, in the Foyer and rooms 115 and 116 of Block A, AUMP.

The Blood Donation Camp was inaugurated with the opening remarks of Hon'ble Vice Chancellor, AUMP Lt Gen V K Sharma, (AVSM). Faculty, students, staff members and NSS volunteers of AUMP enthusiastically contributed to the blood donation drive and selflessly donated 250 units of blood. Students and faculty from other educational institutes also contributed enthusiastically in the voluntary blood donation drive. The camp concluded at 1710 hr. with the closing remarks by Hon'ble Lt Gen V K Sharma, VC, AUMP and Pro Vice Chancellor, Amity University, Prof. (Dr.) M P Kaushik who praised the whole hearted efforts, enthusiasm, team work, devotion and leadership skills of the NSS volunteers, teachers and the administrative staff for the precise arrangements. He also thanked the authorities of JA Hospital for their cooperation and hard work. Dr. V K Jalgan, Director, ASET AUMP thanked Dr Jyoti Priyadarshini Shrivastava, Coordinator, Voluntary Blood Donation, Blood Bank, Department of Pathology, JA Hospital Gwalior for his consistent support and praised all donors and supporting NSS volunteers who made the camp a success by selfless act of blood donation, promotion and motivation.



Inauguration of Blood Donation Camp, AUMP, 29.03.2023



Blood Donation Drive, AUMP, 29.03.2023







Blood Donation Drive, AUMP, 29.03.2023

## 4. Free Blood Glucose Test & Health awareness Camp at NSS Adopted Village Chakraipur

#### 03 Jun 2022 (Friday)

National Service Scheme Unit of Amity University organized a 'Free Blood Glucose Monitoring & Health awareness Camp at NSS Adopted Village Chakraipur. The camp was organized on 3.6.2022 in the Anganwadi center of Chakraipur. Amity University Madhya Pradesh, Gwalior, under the guidance of Hon'ble Vice Chancellor, Lt Gen VK Sharma, AVSM, (Retd.) has been working persistently for imbibing high moral values in the students for sympathetic social connect with weaker section of the society. This special program was organized to fulfill the objective of continuous discharge of moral responsibility towards the residents of the NSS adopted village Chakraipur.

During the camp, fasting blood sugar, post-prandial blood sugar and random blood sugar were tested free of cost. The beneficiaries whose blood sugar was found to be disordered, necessary advice and information were provided under the guidance of Program officer, National Service Scheme, AUMP Dr. Rachna Kathal. The contact details of such cases have been maintained for regular follow-up.

50 residents of the NSS adopted village Chakraipur benefited by the 'Free Blood Glucose Monitoring Facility' in this camp. The camp started at 10:30 am and concluded at 12:30 pm. On this occasion, the Vice Chancellor of the Amity University, Lt Gen VK Sharma, AVSM, (Retd.), Pro VC Professor Dr. MP Kaushik, Registrar Mr. Rajesh Jain, praised the NSS volunteers for their social connect with the weaker section of the society.



Blood Glucose Test Camp at NSS adopted village Chakraipur on 3.6.2022 tional Service Scheme rvice Scheme leckup Camp wareness (



Blood Glucose Test and diabetes awareness Camp at NSS adopted village Chakraipur on 3.6.2022

#### 5. Dengue and Malaria Awareness and Training Program

#### (4th November 2022)

Amity University Madhya Pradesh organized Awareness and Training Program on "Dengue and Malaria: Spread & Control Measures". The training program was organized for 200 volunteers of the two regular units of National Service Scheme (NSS) of AUMP for the session 2022-23. The training program was organized with the objective of enhancing the knowledge of the volunteers in respect of the seasonal waterborne diseases Dengue and Malaria.

The Training program was inaugurated with the opening remarks of Chairman, NSS, Major Gen. Dr. S. C. Jain, VSM\*\*. He described the importance of awareness about various seasonal and sporadic diseases for a social volunteer to perform their social service duties. Mr Vijay Mishra, Regional Coordinator, EMBED Program (Elimination of Mosquito Borne Endemic Diseases) and Mr. Rajesh Verma, Consultant, District Vector Borne Disease Control Program, GOI, provided elaborate insight into types of mosquito borne diseases, modes of their spread, modes of prevention and control of Dengue, Malaria and related threats. The program was attended by 180 NSS volunteers from the various schools of AUMP, dignitaries, HoIs, HoDs

and NSS committee faculties of AUMP. The program positively met with the objective of inculcating the values of social concern, awareness, responsibility and connect with the felt needs of the society with the aim of preparing the NSS volunteers to spread awareness about keeping safe in the tough times of spread of mosquito borne Dengue & Malaria diseases.



Chairman, NSS, Major Gen. Dr. S. C. Jain, VSM\*\* addressing the NSS volunteers



Mr Vijay Mishra, Regional Coordinator, EMBED Program addressing the dignitaries and NSS Volunteers

## 6. World Tobacco Control Day Celebration with Free Dental Checkup Camp at AUMP

#### 31 May 2022 (Tuesday)

World Tobacco Control Day, 31 May 2022 was observed at AUMP with a guest lecture delivered by Dr. Alok Purohit, Nodal Officer, District Tobacco Control Cell, Gwalior. A one-day "Free Dental Checkup Camp" was organized at Amity University Madhya Pradesh by the National Service Scheme Unit of AUMP on 31 May 2022, all types of examinations related to oral cavity and dental disorders were performed by expert dentists. Officers, faculty, students and staff of AUMP benefited on this occasion.

Major General Dr. S C Jain, VSM\*\* (Retd). Director, ASET, AUMP informed that under the guidance of Vice Chancellor of Amity University, Lt Gen V K Sharma, AVSM we work towards the best health of the faculty, officials, students and staff of the institute with prime importance. This special program has been organized for the purpose of continuous discharge of moral responsibility. In this camp 184 faculty and staff members got registered and examined and advised for various oral and dental problems. On this occasion, a skit was also performed by the team of doctors with Dr. Alok Purohit, the nodal officer of the District Tobacco Control Center. The skit gave important messages on health hazards related to tobacco consumption in various forms.

On this occasion Pro Vice Chancellor Professor Dr. MP Kaushik, Registrar Mr. Rajesh Jain, NSS Program Officer Dr. Rachna Kathal, Dr. Pankaj Mishra, Professors and other staff including students were present.





Lecture by Dr. Alok Purohit, Nodal Officer, District Tobacco Control Cell, Gwalior



31.5.2022 Dental checkup of faculty and staff



#### 7. NSS Volunteers Visit to Sharda Balgram, Gwalior

### (20th Feb 2023)

National Service Scheme volunteers of Amity University Madhya Pradesh visited Sharda Balgram, Gwalior. Ramakrishna Mission Ashrama Sharada Balgram, situated at Govindpuri, Gwalior, Madhya Pradesh, is a non-profit organization with a mission to provide children and individuals from low-income communities with high-quality education, enabling them to maximize their potential and transform their lives completely. The organization works in the field of education by collecting funds from influential and financially well-aided people and provides supplemental education to the needy. Their mission is also to actively engage in the areas of rural and urban development and women empowerment through advocacy, direct program interventions and capacity building of the community to access the benefits of the state programs. 55 volunteers of NSS AUMP learnt many things in the Balgram set up. The volunteers were detailed about the functioning of Ayush Despensary and the ayurvedic treatments and procedures available there. Volunteers also saw the Goshala, Bio gas plant, Skill center for Agarbatti making, Dhoop Batti making, Papad Making, Automatic Cow Dung Cake making machines and many more machines operated by school students for enhancing their enterpreurarial skills. They also learnt the process of growing Mushrooms. was inaugurated with the opening remarks of Program Officer, NSS, Dr. Rachana Kathal. Importance of awareness about living conditions in socially backward localities for a social volunteer to perform their social service duties was practically experienced by the NSS volnteers. The program positively met with the objective of inculcating the values of social concern, awareness, responsibility and connect with the felt needs of the society with the aim of preparing the NSS volunteers to be aware and ready for reaching out to them in the times of required help. The program concluded with the address of Mr. Sanjay Karkare, Coordinator, Sharda Balgram, Gwalior.



<u>Program Officer, NSS Dr. Rachana Kathal and Dr. Sanjeev S Bhadoriya with NSS Volunteers in Sharda Balgram, Gwalior</u>





NSS Volunteers of AUMP in Meditation Center, Sharda Balgram, Gwalior



NSS Volunteers of AUMP in with Mr. Sanjay Karkare, Coordinator, Sharda Balgram, Gwalior

#### 8. <u>Leadership Development Special Camp</u>

#### Raghunath Dham Ashram, Shri Vijay Ram Mandir, Gram Khaneta

#### 29.3.23 to 4.4.23

National service scheme unit organizes NSS Leadership Development Special Camp every year. The NSS Special Camp of 2023 was organized at Raghunath Dham Ashram, Shri Vijay Ram Mandir, Gram Khaneta from 29.3.23 to 4.4.23. The camp was attended by 38 NSS volunteers from various schools of AUMP. The camp was coordinated by Program Officer, NSS, AUMP Dr. Rachana Kathal (ASET) and Dr. Manish Dubey (ASCO).

The NSS Leadership Development Special Camp was inaugurated with the opening remarks of Hon'ble Vice Chancellor, AUMP Lt Gen V K Sharma, (AVSM). First day of the camp was devoted to the noble work of Voluntary Blood Donation. Faculty, students, staff members and NSS volunteers of AUMP enthusiastically contributed to the blood donation drive and selflessly **donated 250 units** of blood.

On 30.3.2023, the NSS volunteers started the project work at Raghunath Dham Ashram, Shri Vijay Ram Mandir, Khaneta. In the orientation of the NSS special camp volunteers, songs and slogans were taught to the volunteers in a very jovial atmosphere by the NSS Program Officer Dr. Manish Dubey.

The volunteers followed strict discipline and schedule of NSS camp activities including morning physical exercise at 6 AM, followed by donation of labor in the ashram premises.

Intellectual sessions on soft skill development in the afternoon sessions were held in the presence of Dr. Alok Jain (Maths, ASET) and Dr. Anshul Gangele, (HOD, ME, ASET) on 1.4.2023. The dignitaries were offered traditional welcome. Cultural program with NSS songs was presented to start the intellectual session of 1.4.2023.

Prof. Ravikant Adalatwale, Coordinator, NSS Nodal Center, Jiwaji University, Gwalior and Prof. Manoj Awasthi, District NSS Organiser, Jiwaji University, Gwalior visited and inspected the camp activities on 3.4.2023. The guests were offered traditional welcome. To the participating volunteers they detailed about various NSS opportunities, NSS camps, awards, privileges and duties of an NSS volunteers. The authorities shortlisted NSS AUMP volunteers and gave them special tips to prepare for Pre RD camp, RD Parade, upcoming NSS National Integration Camp and NSS State Camp of Madhya Pradesh. Prof. Ravikant Adalatwale and Prof. Manoj Awasthi planted saplings to commemorate their visit to the National Service Scheme Special Camp at Raghunath Dham Ashram, Shri Vijay Ram Mandir, Gram Khaneta.

Evening schedules in the special camp included cultural programs for exchange of thoughts and opinions through GD/Debate/speech about the social issues prevailing in our country. Pleasure trip was organized on 2.4.2023 to Hanuman temple in the nearby area. Volunteers donated labor to clean the temple premises. For sightseeing, the volunteers visited an old traditional bawdi (water reservoir) on 3.4.2023.

Camp fire was the event most cherished by the volunteers after the tiring activities of donation of labor and other activities of the camp including cooking of breakfast, tea, lunch, dinner, cleaning, cultural and physical training. It was an extended evening till 12.30 a.m. of 4.4.23.

Valedictory ceremony was organized on 4.4.2023 with plantation of 101 plant saplings of perennial fruit bearing as well as flowering trees. Inaugural of the plantation was graced by the main priest of the Raghunath Dham Ashram, Shri Vijay Ram Mandir, Gram Khaneta and their deciples.

Post valedictory ceremony, post lunch, the campers departed from the Raghunath Dham Ashram, Shri Vijay Ram Mandir, Gram Khaneta and reached the AUMP campus at 3.00 p.m. on 4.4.2023.





Blood Donation Camp as the First day of NSS Special Camp 2023



Honorable Vice Chancellor, AUMP flagging off the camping troop on 30.3.2-23



Initial Orientation of NSS volunteers by Dr. Manish Dubey, PO, NSS, AUMP





### Intellactual Sessions with authorities from Jiwaji University (3.4.23) and AUMP (1.4.23)









Plantation of fruit bearing perennial trees in the Ashram premises





Inspection visit of Nodal Center Officers, Sight Seeing visit to hanuman Temple for donation of labor





Regular routine of NSS Volunteers in the camp

#### 9. Competition Theme- "Trash to Treasure: Best out of Waste"

NSS volunteers from Amity University Madhya Pradesh organized a Competition on the topic 'Trash to Treasure: Best out of Waste" in the Amity Institute of Behavioural and Allied Sciences (AIBAS) and Amity School of Architecture and Planning (ASAP) wings for its students. The competition was held on 09th February 2023 from 3.15pm to 5.00pm. The participants displayed models made by them. Faculty members and NSS volunteers from AIBAS and ASAP joined the occasion to appreciate the participants' efforts and congratulate the winners.

9 students had submitted their models. The models were judged by Prof. L.K. Jain, Director, Amity School of Architecture and Planning (ASAP) and Madhavi Tomar, Assistant Professor,

Amity School of Fashion Design & Technology (ASFDT). The winners of the Competition were as follows:

1st Prize- (Tie) Devangana Sharma from BA (H) Applied Psychology, Semester IV and Aashna Saxena from BA (H) Applied Psychology, Semester II

2nd Prize- Jasmeet Kaur from BA (H) Applied Psychology, Semester IV

E-Certificates were provided to the winners. The objective of the event was met as the dignitaries emphasized the importance of Recycling and Reusing the available resources and the need to preserve mother nature.







Judges viewing the models in the Trash to Treasure Competition