

## **Community Outreach Program for IIC-MHRD Ranking**

## Program Report 13<sup>rd</sup> December-2022

Amity Institute of Pharmacy, Amity University Madhya Pradesh organized community outreach programme under the leadership of Dr S Mohana Lakshmi (Principal & Director AIP-AUMP) in association with NGO Ek Kadam Vikas Ki Aur Welfare Society under IIC driven activity. The community outreach programme was held at Berja Village, Government Hospital & Aganwadi, Morar, (Gwalior) dated on 23 December 2022 (Friday). The theme of this program was Exposure and field visit for problem identification-related to unbalanced diet and malnutrition in common people of village. A health survey was also done by the coordinators and students volunteer, based on common health related problems.

**Dr. Naveen Sharma** initiated the program by greeting the dignitaries and briefed the villagers about unbalanced diet and causes and symptoms of malnutrition. He emphasizes the importance of handling the malnutrition specially in village people. He strongly appealed the villagers to keep healthy life by taking nutritious food. In this program some multivitamins and multimineral tablets as per the instruction of medical officers, fruits and biscuits were distributed by the faculty members and the students. As a part of prevention measure, we asserted the villagers to include fruits, vegetables, dairy products in diet.

This program was successfully coordinated by **Dr Naveen Sharma**, **Dr Jovita Kanoujia**, **Dr Pawan Kumar Gupta and faculty member Mr Arvind Singh Jadon**. Twenty-five B Pharm students from were actively participated as volunteer. This community program was served to provide awareness about the healthy lifestyle practices in public domain.

The Vote of thanks was given by **Dr Jovita Kanoujia**. Amity institute of pharmacy is thankful to dispensary in-charge and supervisor **Mr. A. B. Nigam** and NGO Ek Kadam Vika Ki Aur Welfare Society, Agra for making efforts towards the community services. Dr. S Mohana Lakshmi and faculty members appreciate the voluntary efforts and contribution to complete this social activity.

## **Glimpse of Community Outreach Program**



Supervisor, coordinators and students at health centre for survey



Movement towards Berja village aganwadi



Staff of aganwadi and coordinators at health centre



Medicine and fruit distribution to people of Berja village aganwadi for survey



Medicine and fruit distribution to people of Berja village



Fruit and biscuits distribution to children of Berja village



Survey by the student of people of Berja village



Survey by the student of people of Berja village