As you read this newsletter, I hope you do so, in good health, from the safety of your homes. These are indeed challenging times, as humanity stands face front with challenges not witnessed in centuries. But no matter how great the challenge, survival has always been instinctive for the human race.

As the pandemic looms over us, our healthcare, sanitation, hospitality and IT professionals, soldiers, and essential services maintenance staff are putting up a strong fight, all in a bid to survive. While these corona warriors lead the battle from the front, our young students too are doing their bit on the sidelines. This GT Quarantine Special e-newsletter by students of AIS Vasundhara 6, is testimony to their war against COVID-19, as they spread positivity through the medium of words.

While students in every branch of Amity are coming out with their own e-edition, there is one story that runs common in all. It is the story of corona warriors. These stories brought to you by our young GT reporters feature initiative of teens that have emerged as true corona warriors.

As you read this newsletter, I hope you are inspired to spread positivity, and be a corona warrior.

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**Corona warriors**

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The novel coronavirus has wreaked havoc on humanity. Distressed and dying, they demand justice, and who better to ask it from than Mother Earth herself!

**Humans:** Mother! This pandemic is costing us our lives; our whole race is in danger.

**Mother Earth:** My dear children, believe me, whatever is happening is in the favour of all of us. It is your wakeup call. Now that you cannot run from it, you must rethink your actions and realise how selfish and greedy you have been; you destroyed my resources for your own convenience. If the balance is not restored now, it will never be able to be restored.

**Humans:** But we only use your resources for development, and it is only through this development that we evolved from primitives.

**Mother Earth:** And you did it all against my terms! Do you not see the innocent animals whose homes you destroyed? They, too, need their time to heal and build back what you tore down. As you stay shut inside, the wilderness is rebuilding itself. Help them restore the balance of this ecosystem for the sake of their children and yours.

**Humans:** But this pandemic is forcing us to stay inside our houses. How will we live our lives?

**Mother Earth:** You have been gifted with intelligence, the most useful tool in times of distress. Not just that but you also have technology on your side, so use it well to continue your daily life whilst staying inside. Since the day you have been on lockdown, huge improvements in the air quality have been noticed. Chinese and Italian industrial areas are showing strong drops in nitrogen dioxide. Moreover, the COVID-19 pandemic is having significant detrimental impact on other environmental factors like the emissions of greenhouse gases. Try to understand the harm that those four-wheeled monsters have done to others.

**Humans:** Our transportation system has been our power for years now, Mother. Without it, our future will be too dark.

**Mother Earth:** The transport you boast of was wrecking the world. The ships were the reason for the contamination of the Venice canals; the large number of boats in the canals stirred up sediments, making them float and increasing my water's turbidity. The sea creatures were so terrified. Did you ever stop even once to think about them? Now that there is no boat traffic, the sediments stay on the bottom of the canals; the animals are coming out of the confinement and claiming their equal rights on the Earth. Children, I know the pandemic is affecting your kind but there are many positive changes taking place on my surface.

**Humans:** Your ways are twisted, Mother, but if you say the only way to save ourselves is to rethink our actions, stay inside, and treat our fellow animals and you with love and respect, then that's exactly what we will do, from now on.
Hello world,
“How you doing?” If you did not read that in Joey’s voice, I’m sorry, we can’t be F.R.I.E.N.D.S! I know a lot of you are couch potatoes, and just love binge watching your favorite movies and series on me. Oh wait, didn’t I introduce myself? Let’s do this again. Hi there! Netflix this side. I hope you’re staying home and are safe. And watching me.

World’s best boss, Michael Scott said, and I quote, “I want people to be afraid of how much they love me.” Well, people around the globe are hooked on me. Students who should be studying have officially declared me as their ‘guilty pleasure’. Don’t lie, I know I am your favorite pass time this quarantine season (and in general). Let’s talk some business now. The world economy is crashing. The stock market is stumbling. Not many industries are able to survive this global pandemic. But, I am fortunate enough to say that I am currently on my 52-week high stock price. With people staying home during lockdown, they have been indulging in a lot more screen time. As much as it sounds bad, it isn’t false to say that this pandemic has led to my growth. These are trying times for all. There’s no cure yet, other than practicing social distancing. We, at Netflix tried to save internet servers from crashing, by reducing high-definition streaming. We have uploaded 10 documentaries and short films on YouTube to boost online learning and help teachers around the world during the coronavirus lockdown. We have donated $15 million to non-profit organizations providing emergency relief to crew and cast who’ve been left without jobs in countries—across Europe, Latin America and Asia. Not gonna lie, I liked it better when there was competition in the economic world. Now it’s just too boring out here. (Can’t believe the entertainer itself can be bored too? Well, some things are just not in our control. *sigh*) Oh, I hope we get back to normal very soon. Anyway, until lockdown (and after), you don’t have to worry about how to kill boredom. You have ME! And “I’ll be there for you.”

Your partner in boredom,
Netflix

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Achintya Mishra, AIS Vas 6, VI C, brings you measures to knock down corona

1. Maintain distance from people in public places.
2. Use a handkerchief or tissue when sneezing or coughing.
3. Wash your hands with soap and water for at least 20 seconds.
4. Wear a mask or cloth to cover your mouth whenever stepping out of your house.
5. In case, soap and water are unavailable, use hand sanitisers that contain at least 60% alcohol.
6. Disinfect frequently touched surfaces such as tables, doorknobs, phones, toilets switches, etc.
7. Avoid touching your nose, eyes, and face with unwashed hands.
8. If you have, fever and cough, try to maintain distance with others around and seek medical assistance at the earliest.
Just a lockdown

Kashvi Rathi
AIS Vas 6, VII B

Amidst the lockdown, we fear And nothing seems to be clear But why are we so pessimistic? Embrace positivity, why not? Spread some cheer, why not? People are locked down, love isn’t Friends are separated, Amity isn’t Children are grounded, purity isn’t Salons are shut, inner beauty isn’t Human is trapped, humanity isn’t Temples are unavailable, God isn’t Towns are sealed, the universe isn’t For if nature locks down, life’s gone So broaden your horizons to reason And thank God, its just a lockdown

Make your own sanitiser

Ankana Sangar, AIS Vas 6, III C

Material required
- 1 cup filtered water
- ½ cup Rubbing Alcohol (40% alcohol content or higher)
- ½ cup White Vinegar
- 15-20 drops of Lemon juice/essential oil
- Spray bottle

Procedure
- Pour water, rubbing alcohol, white vinegar and lemon drops into a mug and mix it well.
- Transfer the mixture in a spray bottle.

And you are all set to go! Homemade hand sanitizer is ready to use. You can spray it on your hands, mobile screens, laptops, door handles and it will act as a disinfectant. banana bread but other desserts too.

(The above sanitiser was made by Ankana during quarantine period.)
Health tips: Work from home

According to internet during work from home, adjust the level of your seat, use a chair and a footstool for complete support. Also don’t forget to do 20-20-20 rule (Gaze at an object 20m away for 20 sec every 20 min.

Let’s get out of here!

I told you not to bother them.

Ah, been 30 min, I gotta do stretching.

Finally meeting finished.

Text and illustration: Almas Khan, XI and Sakshi Verma, XII, AIS Vas 6