

**Report of Continuing Rehabilitation Education Programme on  
“Care and Management of Persons with Chronic Mental Disorders”  
Sponsored by Rehabilitation Council of India held at  
Amity Institute of Behavioural (Health) & Allied Sciences (AIBHAS),  
Amity University, Uttar Pradesh from 14<sup>th</sup> to 18<sup>th</sup> July 2008.**

Five days' workshop for continuing rehabilitation education sponsored by Rehabilitation Council of India was held from 14 July to 18 July 2008. In this program a total of twenty five candidates were registered and out of them twenty four have successfully attended the workshop. Of these participants there were eighteen special educators, three speech therapists, three rehabilitation psychologists and one prosthetic and orthotic. These participants came from different states of India viz Delhi, Uttar Pradesh, Chandigarh, Haryana. Ten participants stayed at University Campus guest house.

The workshop was inaugurated by Dr. A.K. Mukherjee, Director General in Indian Spinal Injury Center, New Delhi. Dr Mukherjee gave a very informative lecture on types of disabilities and their management. Other lectures were taken by different experts in clinical and rehabilitation psychology. Every day lectures of three hours duration was scheduled for the participants. This workshop covered all relevant topics related to mental illness like introduction of mental disorders, etiology, types, psychological treatment, behavioral management, rehabilitation services for mentally ill persons, burden issues, occupational and vocational rehabilitation of mentally ill persons, care and management of childhood mental disorders and mental health care delivery system. A lecture on childhood disorders was taken by Professor Manju Mehta who is a professor, Department of Clinical Psychology, All India Institute of Medical Sciences, New Delhi.

The workshop aimed to make the participants aware of different mental illnesses. Because of increase in co-morbidity of mental retardation and other childhood developmental, behavioral and emotional problems it was felt that these professionals should have basic knowledge about the mental illnesses so that they can screen the illness if there is any co-morbidity with childhood disorders or any type of disability. They can manage such persons at their rehabilitation centers and when needed appropriately refer the person to psychiatrist or clinical psychologist.

The participants were also taken for an Institutional visit where they had a lecture by Dr. Deepak Raheja and went round the wards and learnt about rehabilitation programme for the mentally ill persons and those suffering from alcohol and drug addiction with individual suffering from mental illness, drug and alcohol addiction. Every day participants' signature was taken on attendance record. Last day feedback forms were filled by each participant.

Dated: 22/07/2008

Prof. (Dr.) Vimala Veeraraghavan  
Director General, AIBHAS  
Amity University, Uttar Pradesh

Dr. Vandana Shriharsh  
Co-ordinator CRE programme  
Lecturer, AIBHAS, AUUP

**AMITY UNIVERSITY**  
—UTTAR PRADESH—

**Amity Institute of Behavioural (Health) & Allied Sciences**  
**Continuing Rehabilitation Education Programme**  
**Rehabilitation Council of India, New Delhi**  
**“Care and Management of Persons with Chronic Mental Disorders”**

**14<sup>th</sup> to 18<sup>th</sup> July 2008**  
**List of Participants**

S.No.	Name in CAPITAL LETTERS	CRR NO.	Registers as	Telephone/ Mobile No.	Address
1.	NAZNEEN GUL	A07924	Special Educator	9717516147	2647, Flat No.8, 4 <sup>th</sup> floor, Gali Khajoor Wali, Kucha Chelan, Darya Ganj, N.D-02
2.	RAJESH KUMARI	B11556	Special Educator	9211399617	Village and Post Office Surhara Najfaghar N.D-43, Near Mata Choak
3.	PAPRI RAY	A07774	Special Educator	9871204470	M-238 Sector-25, Noida
4.	NIRMAL	B08423	Special Educator	9813270634	C/o Dr. M.L sharma Public Nursing Home Bal Samand Road Hisar
5.	NASEEM FATMA	A04805	Special Educator	9911611943	Child Guidance Centre, Sr. Secondary School, Near Ansari Health Centre, J.M.I, Okhla, New Delhi-110025
6.	RAKESH KUMAR	B12574	Special Educator	09917082241	Village – Post tisang dist. Muzaffar Nagar, U.P
7.	DR. VANDANA SHRIHARS H	A04958	Rehabilitation Psychologist	9818325900	IIC/219 Nehru Nagar, Ghaziabad
8.	MOHD. FARMAN	B10357	Special Educator	09917458825	Village-Khokni Post-Khatuli Disst-Muzaffar Nagar-251314
9.	MANOJ K SINGH	B10427	Prosthetic & orthopedic	09810190740	4/68 Khichripur N.D-91
10.	KUSUM	B03915	Special Educator	22132830	C-36A Hardiv Nagar Jarodha Mafra Burari Delhi-94
11.	BABLI	BC9177	Special Educator	09997774060	VIII- Tejelehera P.O- Basera, Dist- Muzzaffar

					Nagar, U.P- 251001
12.	DHARAMVI R SINGH	B04844	Speech Therapist	9818583386	C/o Mr. Murli Singh H.No 347 A Gali No.2 Chander Lok Mandoli road Delhi-93
13.	DR. D. VENKATES HWARLU	A03655	Special Educator	9412606505	C/o Laxmi Devi Joshi 129-D Civillines, Bareilly-243001 Oppt. Akshar Vihar Talab
14.	ASHOK NEHRA	B08072	Speech Therapist	9810947850	DDA Flat No. 118, 1 <sup>st</sup> floor, Pocket-Ist, Sector-5 Dwarka N.D-75
15.	SHARDA	B13497	Special Educator	9958516411	5/152 Mandali Extn. Delhi- 93
16.	PINKI	B16718	Special Educator	9210873512	D-30/787, Amar Colony East Gokal Pur, Delhi-110094
17.	REKHA	A07579	Special Educator	9818568911	F-305 Budh Nagar Indrapuri N.D
18.	MURLI SINGH	B4061	Speech Therapist	9891019869	H.No- 347A Gali No.2 Chander Lok Mandoli Road Delhi-92
19.	ANANG PAL SINGH	A08514	Special Educator	09411294491	C/o Mr. Murli Singh H.No-A-347 Gali No-2 Chandra Lok Shahadhra Delhi-93
20.	SUSHIL KUMAR VERMA	Appirie	Special Educator	9990394622	1449 E/2 St No-10 Durga Puri Shahadra Delhi-93
21.	PARMOD KUMAR	B9173	Special Educator	09997774060	VIII- Alipura P.O- Tissa, Dist. Muzaffar Nagar, U.P- 251308
22.	BABITA	BC/9170	Special Educator	64589215	VII- JAT Nangala PO_ Badakali Dist- Muzaffar Nagar, U.P 251001
23.	NARESH ANAND	A03483	Rehabilitation Psychologist	09417088236	206/2, Sector 4/A Chandigarh
24.	ARVIND SHARMA	A07843	Special Educator	09359126379	RPPG Meer Ganj College Meer Ganj Bareilly
25.	DR. ARUN KUMAR	A00159	Rehabilitation Practitioner	09811141657	F-296 Mansarover Garden New Delhi – 110015

**AMITY UNIVERSITY**  
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**Amity Institute of Behavioral (Health) & Allied Sciences**  
**Continuing Rehabilitation Education**

**“Care and Management of Persons with Chronic Mental Disorders”**

*14<sup>th</sup> to 18<sup>th</sup> July 2008*

**Minute to minute Schedule**

**14<sup>th</sup> July 2008**

<b>Time</b>	<b>Programme</b>
9 am – 9.30 am	Registration
9.30 -10.30	Inauguration by Dr. A.K Mukherjee, Director General, Indian Spinal Injury Center, New Delhi
10.30 am -1.30 pm	Introduction to Mental Illness :Ms. Rashmi Pandey, Lecturer, AIBHAS, Amity University
1.30 pm -2.30 pm	Lunch
2.30 pm – 5 pm	Different Types of Mental Disorders (Neurosis and Psychosis) : Etiology, course and prognosis : Prof. (Dr.) Vimala Veeraraghavan, Director General, AIBHAS, Amity University

**15<sup>th</sup> July 2008**

10 am -1 pm	Behavioral Management of Mentally Ill Persons: Dr. Arun Kumar, Sr. Lecturer, AIBHAS, Amity University
1 pm -2 pm	Lunch
2 pm – 5 pm	Various Psychological Therapies for Treatment of Mental Disorders : Dr. Deepika Tikoo, Sr. Lecturer, AIBHAS, Amity University

## **16<sup>th</sup> July 2008**

10 am -1 pm

Rehabilitation Services for Mentally Ill Persons and Researches being done in India and Abroad: Ms. Satrupa Tyagi, Lecturer, AIBHAS, Amity University

1 pm -2 pm

Lunch

2 pm – 5 pm

Burden Issues of Caregivers of Mentally Ill persons: Dr. Dweep Chand, Lecturer, AIBHAS, Amity University

## **17<sup>th</sup> July 2008**

10 am -1 pm

Occupational and Vocational Rehabilitation of Mentally Ill persons: Dr. Anand Pratap, Lecturer, AIBHAS, Amity University

1 pm -2 pm

Lunch

2 pm – 5 pm

Care and Management of Childhood Mental Disorders. Prof. Manju Mehta, Professor, Clinical Psychology, AIIMS, New Delhi

## **18<sup>th</sup> July 2008**

10 am -1 pm

Care and Treatment of Mentally Ill Persons in India and Western Countries: Dr. Deepak Raheja, Director, The Hope Foundation, New Delhi

1 pm -2 pm

Lunch

2 pm – 5 pm

Mental Health Care Delivery System and Community Outreach Programmes Available for Mentally Ill Persons: Dr. Anita Srivastava, Asst. Professor, AIBHAS, Amity University