Amity Business School organized the Third Batch of 3 days Residential Workshop on Personal & Professional Excellence (Learn-Collaborate-Develop) for Officers of Indian Oil Corporation Limited. The venue for the event was F1 Seminar Hall, Amity University, Sec 125, Noida.

**Inaugural session** began with an auspicious start by recital of Sarasvati Bandana and lamp lightning. Dr. Sanjeev Bansal, Dean FMS welcomed the guests from IOCL and all participants for the workshop. Introduction to workshop was given by Dr. Puja Sareen, Head-Trainings & Associate Professor. She briefed the participants on the workshop design based on the concept of *Ikigai* and extended a heartfelt welcome to all. The Inaugural session was graced by the presence of Mr. Amit Gupta, DGM HRD, IOCL. The address by Mr. Gupta to all the participants set the ground for the workshop and motivated them. He appreciated the efforts of team of trainers for the successful completion of the First batch of training in the month of August 2019.

The workshop included various sessions ranging from Journey to self, Wheel of life, Power of Words and Actions, Reprogramming your mind for happiness and wellbeing, Know your Emotional Quotient (EQ), Managing Differences Collaboratively, Leadership Capability Development, Transactional Analysis, Spiritual Wellbeing, Transforming and Empowering through NLP, Team Building to Goal Setting and Time Management.

The team of trainers included Dr Harmander Gujral, Dr. Jaya Yadav, Dr Puja Sareen, Dr Vijit Chaturvedi, Dr Jaideep Kaur and Dr Shikha Mishra.

A positive feedback was received from all participants. The workshop will be followed up by a post workshop Webinar for the participants.