## Webinar on "Role of Emotional Intelligence in Mental Health and Well-being"

To celebrate 'Mental Health Month', Amity Business School (ABS) jointly with Amity Centre for Guidance and Counseling (ACGC) organized a Webinar on the topic "Role of Emotional Intelligence in Mental Health and Well-being" on 29<sup>th</sup> October, 2020.

The Speaker, Prof. (Dr.) Kavita Singh, Faculty of Management Studies, University of Delhi shared insightful deliberation to our students on Emotional Intelligence, Mental health, and Wellbeing. The topic was very relevant as it has great implication in our personal and professional life. Members of Faculty, Staff and Students of ABS attended the programme.