Silence usually is understood to be something negative, something empty, something of the word ‘SILENCE !!!’, has always been termed as something negative. This misunderstanding is prevalent because few people have experienced silence all they have experienced is noislessness. But silence is utterly positive. It is existential, it is not empty. It overflows with a music that you have never heard before, with a fragrance that is unfamiliar to you, with a light that can only be seen by inner eyes. It is not something fictitious; it is a reality.

The silence is the silence of the heart. It is a wordless song without sound. Out of this silence flowers of love grow. The body knows its own silence that is its own well being, overflowing health and joy.

The mind also knows its silence, when all thoughts disappear and the sky is cloud free, just pure space.

The silences of body and mind are fragile and superficial, but in themselves they are good. To experience them is helpful, because it indicates that there may be deeper silences of the heart. And the day you experience the silence of the heart, you will be again an arrow of longing, moving you even deeper.

- Dr Sadhna Tyagi, Assistant Professor
Amit Military Training Camp in Manesar, Gurgaon was a wonderful lifetime experience for me. There I came to know about the lifestyle of army. We went on the 3rd March and came back on the 8th Mar. We were accompanied by our faculty Ms Deepti Madhura. This training camp helps in inculcating brotherhood, sharing, caring and builds team spirit. The camp aims to throw light on the lifestyle of Army people and to imbibe the discipline that they follow. We excitedly reached the camp venue, where we received a warm welcome. As we settled ourselves, we received a list of instructions to adhere to. For six days, it was a roll down of activities lined up for us to try, explore and learn. Each day, had a special schedule, made by the officials. We woke up at five thirty in the morning and were taken for exercises. After breakfast and getting ready time, we proceeded for the march-past. The March past session was followed by lunch, before which we attended lectures by different delegates. The six day camp also comprised physical training and sports activities. Adventure sports like parasailing, rappelling, rock climbing, zorbing, day and night trekking and ambush attack became our trained knack; all thanks to the rigorous yet fun filled training sessions. The camp was interspersed with various competitions too. On the fifth and sixth day, our group won the shooting, debate, cross country race, hurdle and tug of war, march pass competition and stood first. MTC camp was joyful, enjoyable and unforgettable experience of my life. — Pushp Lata, B.Ed
TÊTE-À-TÊTE

Dr. Sanjna Vij, Assistant Professor has been associated with AIE, New Delhi from the year 2005.

Q1. Ma’am, If not teaching, which other field you think you would have joined?
Ans. If not a teacher, I would have been an Interior Decorator.

Q2. Ma’am, What are your views on present generation?
Ans. According to me, the generation of today is tech-savvy. One reason which lies behind it may be the fact that they are technology natives i.e. they were born with technology. The rising tide of affluence has given today’s youth the advantages of technology and a range of opportunities that no generation before them ever had.

Q3. Ma’am, As an experienced teacher, what advice do you have for future teachers?
Ans. “A Teacher takes a hand, opens a mind, touches a heart and shapes the future.” Thus, I would say a teacher should be humane, full of compassion and love and the one who should inspire his child and shapes him/her as a better human being.

Q4. Ma’am, Who is your role model?
Ans. My parents are role model for me.

Q5. What do you do in your leisure time?
Ans. I like to listen music and like going to malls for shopping.

Q6. Which is your favourite food or cuisine?
Ans. I love Chinese.

Q7. Which song does you like the most?
Ans. All old Hindi movie songs especially the ones sung by Jagjit Singh.

Q8. Which is your favourite film?
Ans. I am an Amitabh Bachchan fan so I love all his movies.

Q9. If u had a magic lamp, what would be your three wishes?
Ans. My three wishes would be:
1. Good Education for my children.
2. Good Health for my children
3. Finally, peace in the world

— Editorial Team

JOURNEY IN AMITY INSTITUTE OF EDUCATION

There were the times, when life was a roller coaster, I jumped from one swing to another, looking around, gathering the fun filled memories. Those were the days that DU, Kirori Mal College symbolized, the numerous classes bunked, the gossips over the canteen sessions, the adventures in discovering new places, being a perfect guide for tourist in Delhi.

Why do all good things come to an end??
There are times marking an epic change, one being entering into Amity Institute of Education, located near the malls. All acted as an attracting force, driving me towards it like a bee towards a honey. It seemed like a beginning of an unlimited fun and perfect location to hang around but my expectation were crushed!! I thought my school days have come back. In Delhi University there are no boundaries for a college student, but here at A.I.E, I learnt so many things like how to come to the college on time, how to make assignments. I have spent more time in Principal mam’s room, than in classroom. I have written more than 50 application for being late or not coming to college sometime I bunked the classes, came late, was so casual.

Now that B.Ed has come to an end, I realize the importance of discipline, rules and regulations and the punctuality that everyone here is forced to learn. This is something I will always take with me wherever I would go. It makes me emotional, that we all will move in different directions, no attendance, no application, no question answers, no assemblies. I am going to miss everything.
To build, to grow, to remember, to rebuild, .............is LIFE....!!

~Sumit Kashyap. 07, B.Ed
First day of School Experience Programme

The Sun shines with glistening rays of a new day’s hopes, Back to school, but with a twist in tale, reminding me of the days I left behind.

It is a role reversal now, for today, I step in not to discover, but to help the little ones explore, their road to learning, their road to determine.

Today, I become their guide, their tutor, their mentor, with the School Experience Programme I begin a journey’ A journey to be a teacher, With new hopes and new aspirations, zeal to learn lessons of life.

With warm smiles that welcome me, my heart takes a joyful leap. With lessons prepared to deliver .I enter the world where I have been before. To school, a place that has been a part of us, I return, but this time to stand on the other side in front of the rows and columns of benches in front of the blackboard that awaits me to write and draw.

While the young ones learn, question and explore, I begin my new journey. A journey to be a teacher, A journey to learn again and discover.

- Jaskiran, B.Ed

School Experience Programme

With the objective of training the teacher trainees’ according to the real classroom situation, our institution organised the SEP during the months of Sept-Dec 2012. All the students of the class were allotted different schools for their SEP. I along with my other friends was given Amity International School, Saket for our SEP. On the first day of our SEP we were allotted our respective classes and subjects. After a brief discussion with the Principal Ma’am we went to our respective classes. The first day began with an introduction session with the students where we tried making a good rapport with the students in order to understand their needs and aspirations in a better way. Initially it was bit difficult for us to adjust with them as we were new faces for them but soon we developed a good rapport with the students. Everyday during SEP our professors used to come to our classes to evaluate our performance with respect Set Induction, Methods of teaching used, Teaching aids used and the manner in which we concluded the lesson followed by Recapitulation and Evaluation. Finally the three months of SEP ended with bag full of experiences and opportunities to the trainee teachers which helped us to become successful teachers in the long run. This programme also helped us to a great extent to overcome our fear of facing classroom situations and transformed us into more confident teachers.

- Hira Irfan, 031 B.Ed

ASSIGNMENTS

Writing assignments in the college has always been the most boring thing to do. It is no less than writing thesis.

But, thankfully it works on the concept of ‘sharing and caring’ i.e we all help each other to finish the assignments.

- Karuna Sharma, 76. B.Ed