



Amity Chronicles

APRIL-JUNE 2023 AMITY INTERNATIONAL SCHOOL, VIRAJ KHAND-5, GOMTI NAGAR, LUCKNOW

Chairperson's Message



Dr. (Mrs.) Amita Chauhan

As educators, we must realize that the future starts with the next generation. It is we, who are framing and empowering their lives and deciding what kind of world they are going to live in. Therefore, let's lead them towards a bright new world of hopes, aspirations and contentment.

Best Wishes!!
Chairperson

Principal's Message



We at AIS, VKC believe in letting children bloom as they grow. We have a tremendous responsibility to lead our children to a land of knowledge, happiness, and continuous progress. Our students must reflect the essence of our culture along with the minutiae of the subjects taught in school. Let us equip them to face the tough realities of the world with a smile. Let us nurture their mind with great thoughts.

Best Wishes !!
Mrs. Rachna Mishra

Integrity, insight and inclusiveness are the three best qualities of a leader."



AIS, Viraj Khand, Lucknow celebrated venerable Chairperson Ma'am's Dr. (Mrs.) Amita Chauhan's Birthday - 'Prerna Diwas' on Thursday, 27th April, 2023. "It is a day we wait for throughout the year & feel blessed to have Chairperson Ma'am as our guiding light. May every candle on her cake multiply her happiness tenfold," said Principal Ms. Rachna Mishra. A special assembly was presented by Class XII to show ma'am's contribution to the society and nation. Later, 17 schools of Amity came together to celebrate the virually which was witnessed by over 1200 attendees. School representatives asked questions to Chairperson Ma'am related to her Childhood, her Milestones, her Family values and Futuristic vision Of Amity. Aishwarya Singh from grade 12th VKC was fortunate to interact with Ma'am. The virtual gathering was also addressed and blessed with light of wisdom by Honourable Founder President Dr. Ashok K. Chauhan.

Mega Event

SUMMER CAMP 2023 **Date : 15th-31st May' 2023**

May 15 – 31, AIS, VKC: Amity International School, Viraj Khand Lucknow, a prominent name in the field of education recently organized its second season of summer camp for Amitians as well as for students from other schools. The camp aimed to help children spend their time productively while also providing a relaxing environment. The camp was inaugurated by the School Principal, Mrs. Rachna Mishra, who addressed the students and was

followed by a cheerful welcome from the school's cheerleaders. The summer camp offered an assortment of engaging activities. They had the chance to develop their personality and public speaking skills, learn about health, nutrition, and healthy foods, engage role plays and street plays, and explore activities such as colouring, painting, and clay modelling.

Sports activities like karate and yoga were also part of the camp, along with workshops on calligraphy, Zentangle, mural art, and photography. Grooming sessions were also conducted to help students improve their overall appearance and self-esteem. The activities and workshops were designed to promote teamwork, fair play, and self-improvement among the students. The participants were divided into four groups based on their classes, labeled as Group A, B, C, and D. The camp started with a photography workshop conducted by Mr. Trilochan S. Kalra, a faculty trainer/mentor from the Amity School of Communication. He guided the students on the basics of photography using mobile phones and DSLR cameras.

Many races- obstacle race, relay race, etc., were conducted during sports sessions. Children learned many new yoga asanas in the yoga sessions. In arts and crafts, they enjoyed performing fun activities such as clay mask making, neurographical art, zentangle art, African style painting, tie & dye, painting sceneries and drawing. For public speaking, they were given topics based on a situation and JAM (just a minute session) was also conducted. They spoke confidently and participated with immense enthusiasm. Then they were divided into groups and were given separate topics to perform a skit on. The teachers in charge helped them by giving their valuable inputs and suggestions. Musically inclined children sung many songs, both in Hindi and

English and got super engrossed in the melodious sessions. During dance session, they enjoyed learning new dance forms which were choreographed to different genres of songs. They polished their hands on musical instruments like the tabla, drums etc. Acting and dialogue delivery skills of students were enhanced during theatre session. Sessions for practising the Nukkad Natak with the theme, Hasna Zaroori Hai had the new block of school inundate in a laughter riot. Story telling using puppets was greatly enjoyed by junior students. Additionally, students participated in fireless cooking sessions, where they showcased their creativity by

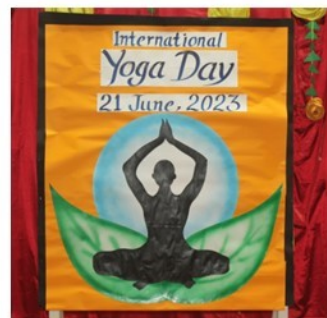


coming up with innovative recipes and trying their hand at different cuisines. STEM activities like making straw animal figures and water dispensers were also conducted, allowing the students to engage in hands-on learning experiences. Grooming sessions taught children basic etiquettes that encompass a wide range of skills like laying a dinner table and practicing good manners. The goal is to instil in them the knowledge and skills needed to behave appropriately and respectfully during mealtime and social gatherings. Children were taught how to set a proper table for a meal. This includes placing the appropriate utensils, such as forks, knives, and spoons, in their proper positions. They learn the arrangement of plates, glasses, and napkins on the table as well. Despite the camp's short duration of 15 days, the effervescent students whole-heartedly participated and took away valuable lessons. They not only learned new skills but also explored new ideas and developed new interests. Even the summer sun did not deter them to cosset and participate in all activities wholeheartedly. They not only had the opportunity to learn new skills but also reconnoitre new ideas and cultivate new interests, and make new friends during this time. The camp fostered a beautiful combination of learning, innovation, and creativity, and the students maintained their enthusiasm throughout by embracing new responsibilities and challenges. The camp concluded in the majestic finale event where students showcased the various skills they acquired over days of collaborative learning.

Mega Event

International Day of Yoga **Date: 21st June' 2023**

Yoga is the journey of the self, through the self, to the self.” – The Bhagavad Gita. Yoga is not a religion; it is a way of living that aims towards a healthy mind in a healthy body. On the occasion of International Yoga Day on 21st June, 2023, a session on yoga was conducted at Amity International School, Lucknow.



The theme this year was Vasudhaiva Kutumbakam. The students performed various yoga asanas like Surya Namaskara, Tadasana, Trikonasana, Anulom Vilom, and Kapalbhati under the guidance of Mr. Pratyush Gupta, Ms. Swati Singh and Mr. Dilpreet Singh our sports teacher. Respected Principal ma'am Mrs. Rachna Mishra along with Headmistresses Ms. Tanuja Singh, Ms. Reena Srivastava also joined the students to motivate them to perform yoga. In the end the children also took a pledge to integrate yoga in their life along with family and friends to adopt yoga for a healthy lifestyle.

Senior Wing

SESSION COMMENCEMENT HAVAN

Date: 5th April' 2023

Amity International School organised a Havan ceremony on 5th April, 2023, Wednesday to seek the blessings of Almighty for the commencement of a new academic session 2023-24. The students and teachers with Principal Mrs. Rachna Mishra prayed for success, health and a successful year ahead.



Farewell for the batch of 2022-23

Date: 29th April' 2023

The theme of the farewell was 'the Red Carpet'. The children looked elegant as they dressed according to the theme. There were two games conducted. There was a music performance as well as a dance performance. The children also danced together with their juniors making it an extremely memorable moment for everyone. The children were given titles. There was a cake-cutting ceremony. A fashion show was also held which led to the selection of Mr. and Ms. Amity. Respected principal ma'am Mrs. Rachna Mishra blessed everyone with her words of wisdom. The children who attended the farewell were thrilled.



Workshop on Information on CUET

Date: 2nd May, 2023

The resource persons Dr. Sumit Chauhan, Sr. Co-ordinator for Amity Group of Schools, Science Innovation and Counselling along with Ms. Anupama Jain, Program In-charge and coordinator for CUET, LAW and Study Abroad Programs conducted an intensive session on how to prepare for CUET exam successfully.



Senior Wing

Inter-House Cricket Tournament (AMITY PREMIERE LEAGUE) 29th April to 1st May' 2023

Many students participated in APL matches representing their houses. The entire school cheered and encouraged the players to perform their best. Amity Premier League (APL) was conducted for both juniors and seniors separately. On 29th April the junior classes from 6th to 8th played the qualifier and final and on 1st May the senior classes from IX—XI played the qualifier and final. Each house played one qualifier and the winning teams played the final. Each qualifier consisted of 8 overs and final match consisted of 10 overs.

Mandakini emerged winner in the junior category setting a total of 112 runs against Pawani House. Alaknanda emerged victorious setting a huge total of 127 runs in 10 overs which was difficult for Bhagirathi to beat. The day culminated with the prize ceremony. It was a grand success that would not have been possible without the support of our honourable Principal ma'am Mrs. Rachna Mishra and the Sports teachers Mr. Pratyush Gupta, Mrs. Swati Singh and Mr. Dilpreet Singh.



AMITY Care- Outreach organised a workshop Date: 25th May' 2023

AMITY Care- Outreach organised a workshop entitled "Integrating Critical Thinking into Class room" teaching for the teachers of Amity International School, Viraj Khand, Lucknow .

The workshop was conducted by an extremely renowned resource person Mr. Raj Kumar Singh, ELT professional and Soft Skills trainer with CELTA from University of Cambridge and a Master in English from DDU Gorakhpur University. Presently he is working as an Assistant Professor at Amity School of Communication and Enhancement and Transformation (ASCENT), Amity University, Lucknow. He is a recipient of the US Federal Scholarship to attend the 'Critical Thinking Skills for International English as a Foreign Language (EFL) Classrooms', Exchange Program from August 4-19, 2019.



The workshop employed critical thinking approaches to make the teaching and learning more student and outcome oriented.

Senior Wing

'Nukkad Natak'

Date: 10th May' 2023

AIS VKC organized Nukkad Natak competition on 10th May 2023.

The main goal of the event was to raise awareness among the youth, with the topic being Kuch Naya(Something New).

Alaknanda performed on the topic of mental illness, while Bhagirathi house performed on 'Jeene Ka Naya Andaaz'.

Their topic served as a reminder that victory always lies beyond fear. Mandakini

House continued with 'Depression and stress' as its main topic. Pawani House

dealt with the major theme of "The Problems of the Education System Special mentions for excellent performances were announced as well. From Alaknanda house

Anushka, in Bhagirathi house Pranav and Ritu, from Mandakini house, Samarth and

Piyush and, from Pawani, Sargun and Yuvraj were appreciated. Bhagirathi was awarded the first position, followed by a tie for second place between Alaknanda and



Orientation for class XI

Date: 30th May' 2023

An orientation programme for the parents of Class XI students was held at AIS, VKC, LKO on 30th May,2023. School principal Mrs. Rachna Mishra highlighted the achievements of the students, and reiterated the importance of working together with parents to ensure discipline amongst students. She further emphasised on the importance of regularity, punctuality and discipline of the students. This was followed by a presentation on the education, examination and school policy of the school. The senior secondary school faculty was also introduced. The parents were apprised about all the latest developments and directives in CBSE as well. The students were also made

acquainted about the subject choices. The orientation program ended with Parents Teacher Meeting.

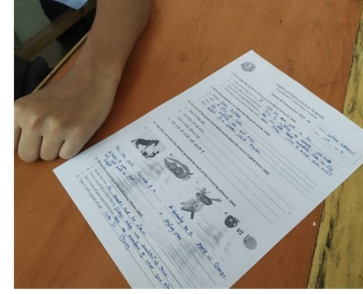


Middle Wing

English Activity on Idioms & Proverbs

Date: 13th April 2023

A fun filled activity for the students of classes IX—X based on English Idioms and Proverbs was conducted. Over a hundred students participated in the activity where they attempted a worksheet that carried witty questions including un-jumbling of words to form the correct proverb or idiom, identifying proverbs from a picture, translating Hindi proverbs into English, etc. with a view to making students learn new idioms and proverbs.



Interhouse Yoga competition

Date: 12th May' 2023

The main goal of the event was to raise awareness among the youth, with the topic being Dangers to Health. Our respected Principal, Ms. Rachna Mishra Ma'am, welcomed the distinguished judges for the competition by offering them a sapling. Our judges for the day were, Ms. Anupama Srivastava who completed her training successfully from 'Patanjali Yoga', she also has her own youtube channel. We also had with us Mr. Sanjiv Singh who is a USA certified yoga alliance and an international yoga teacher. Bhagirathi performed asanas on 'Obesity', Alaknanda House on 'Hyper-Tension', Pawani on 'Back Pain'. Pawani House was awarded the first position, followed by Mandakini in second place, and finally Bhagirathi House in third place. The event was a roaring success, enjoyed and applauded by the audience.



EARTH DAY CELEBRATIONS

Date: 19th April' 2023

A two day celebration was held AIS, Viraj Khand, Lucknow to mark and observe the World Earth Day. The aim was to sensitise students towards conservation of wildlife and respect for nature that is depleting too fast. Students of the junior wing were shown videos on International Big Cat Alliance (IBCA) that contained information about poaching of animals, wildlife sanctuaries, fighting animal cruel, sustainability and wildlife conservation. This was followed by conduction of various activities like quiz, dumb charades, essay writing, brochure making and storytelling across class nursery to 6. For senior wing, TED Talks was conducted by science teacher Dr. Rakesh Mishra. The theme revolved around direct threats to biodiversity, sustainability and global climate change. School Principal Ms. Rachna Mishra in her address to students said that we have within us, the power to change our actions to help ensure the survival of species and

the health and integrity of ecological systems. Amity schools celebrates such important days to keep up with its aim to developing the next generation of environmental leaders by making them understand the threats to biodiversity, and how they can best prepare to manage conservation challenges.



Junior Wing

Parent Orientation Date: 1st April, 2023

A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe. At Amity we believe that education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents. Under the visionary guidance and



blessings of our respected Chairperson Ma'am, Dr.(Mrs.) Amita Chauhan, Amity International School, Viraj Khand organized a Parent Orientation Programme to welcome new parents to the Amity family and strengthen the bond of trust between the parents and school. Parents got an opportunity to familiarize themselves with the school curriculum, pedagogy, assessment policy, rules, and regulations of the school. The teachers gave an overview of the

subjects & co- scholastic activities to be conducted in the present academic session. Parents also interacted with the class teachers, subject teachers for clarification of doubts. This programme proved to be a guide for the parents to adopt the right attitude towards schooling and over all development of their



children. The words of Principal Ms. Rachna Mishra were an eye opener for the parents. She said that the parents and the teachers together are the architect of the child's and nations future and hence we must give it careful planning and execution. Our sacrifices and mindfulness will help students to lead a happy and fulfilling life.

Yoga Prana Vidya Session Date: 13th April 2023

On 13th April 2023, Thursday, a mental health and wellbeing session was conducted by Mrs. Priyanka Chawla of



Yoga Prana Vidya for students of classes IX—XII . The session included explanation and demonstration of



exercises and techniques, that can help students in enhancing their concentration, learning and retaining abilities, and aid them in handling exam phobia. This session also included breathing exercises that can reignite the power within us. This session inspired the students to not only improve in academics but also blossom into a better human being.

WORLD HERITAGE DAY CELEBRATION

Date: 18th April 2023

To spread awareness about the cultural diversity of India and educate the students on how to preserve it, the students of Amity International School, VKC, celebrated the World Heritage Day on 18th April 2023. The day started with an assembly on Indian Heritage. The students presented the heritage of the country through a dance-drama, song, and poem recitation on 'Akhand Bharat'. The students were also enlightened about the cultural heritage of the country through videos and power point presentations in class. Quizzes were also held for different age groups. The activities turned out to be fruitful and the students gathered information, which enhanced their perspective about their country.



EARTH DAY CELEBRATIONS

Date: 21.04.2023

'We all need to look after this self-sustaining planet'- this was the message given by the students of the primary and middle sections of Amity International School, Viraj Khand Campus, on the occasion of World Earth Day, that was celebrated with sedateness on 21st April. The main theme, this year was 'Save the Tiger'. An awareness campaign towards the theme was carried out by showing videos, stories, presentations, and class quiz, which helped the students realize the importance of tigers in maintaining ecological balance. The students also made posters, wrote poems and stories on Mother Earth, that became a source of motivation for them.



ABHIMANYU KI ALIEN FAMILY

Date: 28th April 2023

Students of class I enjoyed a fun-filled day on 28th April 2023, when the characters from 'Abhimanyu ki Alien Family' a much-awaited show by Nickelodeon television channel, visited the Amity campus at Viraj Khand. The students of class I dressed as aliens and as soon as the tv characters entered the campus, they danced and had fun together. The students also enacted the roles of different characters from different planets. It was a fun-filled day for all

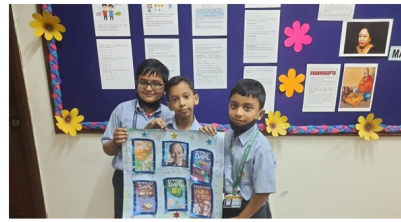


Junior Wing

WORLD BOOK DAY

Date: 24th Apr' 2023

Books are the most invaluable possessions in our lives and to emphasize on the importance of reading books, classes- I- V of Amity International School, VKC, celebrated the world book day on 24th April 2023. Students performed various activities on this day. Students of Nursery and Kindergarten did the 'Feed the Kitty' activity, while the students of I to V participated in 'Vocabathon Parade', 'Acronyms for Favourite Character' and collage making activity. It was a wonderful learning experience as well as enjoyment for kids.



PRERNA DIWAS

Date: 27th April' 2023

With zeal and zest, the students of classes I-V, Amity International School celebrated their beloved Chairperson Mrs. Amita Chauhan Ma'am's birthday on 27th April 2023. The students prayed for a long and blissful life of Chairperson Ma'am and made cards, gave song and dance performances and wrote poems for the great philanthropic leader who constantly showers her blessings on the entire Amity Family.



MAY DAY CELEBRATIONS

Date: 1st May' 2023

To express gratitude for the tireless efforts of all workers, the students of Amity International School, VKC, celebrated the International Workers Day, on 1st May 2023. The students were told about the contribution of the workers in society and their tireless services. The students made cards, squashes, quick easy snacks for the workers to express their gratitude towards them. The students hugged the workers and sang and danced for them. The workers were overjoyed to see the love offered to them by the students and staff.



MOTHER'S DAY CELEBRATION

Date: 12th May' 2023

Mother's Day is a special day dedicated to the love, care, and sacrifices of all others. It is a day to show our appreciation towards the most important woman in our lives, and hence, the students of classes Nursery to V of Amity International School, VKC, celebrated the day with much enthusiasm. The students participated in various activities 'Moms Little Fans', 'Doll up your Mother' and 'Hand Print Flower' and poem writing, to show their gratitude to their super moms.

